

Calendar

September:

- CE 5 Session 5
- Midwest NPACE Conference
- UT APTA Conference
- National League of Nursing Conference – Educational Summit
- DPT 11 Session 1
- OTD 7 Session 1
- OTD 6 Session 2

October:

- DPT 10 Session 2
- OS 3 Session 2
- Private Practice Section Conference (APTA)
- ACNP Conference
- Texas NP State Conference
- TX APTA State Conference

November:

- DNP 1 Session 3
- Intermediate ENMG Training 1
- Peds 4 Session 6
- HPW 2 Session 5
- Thanksgiving Holiday (Office Closed 11/23-24)

Spotlights!

- **Dr. Troy Adams** (Faculty) was inducted into the National Wellness Institute service and leadership circle.
- **Dr. Maria Carunungan** (DPT) became a certified geriatric specialist!
- **David DuMond** (CE DSc) and **Charles Gay** (CE DSc) became electrophysiologic certified specialists!
- **Dr. Marina Kesler** (DPT) and **Dr. Guillermo Cutrone** (Ortho DSc) each became an orthopaedic certified specialist! **Dr. Cutrone** also presented at the V Argentine Sports Physical Therapy Congress and II International Sports Physical Therapy Congress in Buenos Aires, Argentina.
- **Mary Massery** (Advanced Neuro DSc) was featured in the cover article on the July edition of *PT Magazine (Practice Profile: Cardiovascular and Pulmonary Physical Therapy)* by Chris Hayhurst).
- **Colleen Coulter-O'Berry** (Peds DSc) spoke at Emory University's Contemporary Management of Sarcomas conference on September 16.

(Spotlights continued on Page 2.)

RMUoHP Holds 2006 Commencement Exercises

RMUoHP announces the graduation of sixty-six master's and doctoral candidates for the class of 2006. Commencement exercises were held on August 5, 2006 in the Historic Provo Tabernacle in Provo, Utah.

Doctor of Science (DSc) in Physical Therapy degrees were conferred in the disciplines of Advanced Neurology, Clinical Electrophysiology, Geriatrics, Orthopaedics, and Pediatrics. Doctor of Occupational Therapy degrees (OTD), Doctor of Physical Therapy (DPT) degrees and Masters of Science (MS) degrees were also conferred. Richard P. Nielsen, PT, DHS, ECS, President of RMUoHP conferred the degrees; Sandy Pennington, PhD, RN, Academic Dean of RMUoHP and the Graduate Program Directors hooded the graduates.

Larry T. Hall, EdD, one of the three cofounders of RMUoHP, gave the keynote address. Dr. Hall currently serves as the Chair of the Department of Exercise Sciences at Brigham Young University and served on RMUoHP's administrative board until late 2005. Dr. Hall encouraged graduates to use the talents they have developed to serve others. "The truly educated recognize the important role they play in the lives of others less fortunate. The truly educated recognize the role they must play in a society that is comprised of those much less educated and blessed" said Dr. Hall.

Joseph Wells, OTD, was the Alumni Speaker. Dr. Wells lives and practices in Defiance, Ohio, and earned his undergraduate degree from the University of Calcutta (India). Dr. Wells said about RMUoHP, "The University's emphasis to feel the need for, to search, and to apply evidence-based principles in our practice has certainly aided us in becoming better scientists in using our art of caring."

"Conferring sixty-six graduate degrees is evidence that Rocky Mountain University of Health Professions is growing. I am very pleased to see RMUoHP's graduates demonstrating leadership and clinical excellence in the occupational therapy, physical therapy, and athletic training fields," said Dr. Nielsen. "As RMUoHP continues to grow, through our Doctor of Science in Nursing and Doctor of Nursing Practice programs, we are also excited to contribute to the development of leaders in the nursing profession."

Although students graduate from RMUoHP almost every month, RMUoHP holds the annual commencement exercises during the first weekend in August each year. To further celebrate the graduates' accomplishment, the University also hosts an alumni banquet the evening prior to the ceremony for all graduates, their families and guests, and University personnel.



2006 RMUoHP Commencement. Photographed used with permission from Picture This...by Sara Staker.

Alumni Spotlight



Melody Plisky,
PT, DSc, OCS, ATC/L

Phil Plisky,
PT, DSc, OCS, ATC/L, CSCS

Drs. Melody and Phil Plisky each received a Doctor of Science degree in Orthopaedic Physical Therapy from RMUoHP. Both also have manuscripts in press with the Journal of Orthopaedic and Sports Physical Therapy. Phil's paper is "Star Excursion Balance Test as a predictor of lower extremity injury in high school basketball players." and Melody's paper is "Medial tibial stress syndrome in high school cross country runners: incidence and risk factors."

Melody and Phil each received a Master of Physical Therapy degree from the University of Evansville. They are both board certified orthopaedic specialists through the American Board of Physical Therapy Specialties and NATA board certified athletic trainers. Phil is additionally a certified strength and conditioning specialist through the National Strength and Conditioning Association. Both Melody and Phil specialize in sport and orthopedic rehabilitation with an emphasis on injury prevention in athletes.

Besides earning doctoral degrees, specializations, publishing, and additional credentials, the Pliskys also have two sons, Cody (2 ½) and August (8 weeks). Phil is the Director of the Sports Residency Program and a physical therapist and certified athletic trainer for ProRehab, PC in Evansville, IN. Melody is an Instructor in the physical therapy programs at the University of Evansville and is also a senior physical therapist and certified athletic trainer with ProRehab, PC in Evansville, IN.

Regarding the Pliskys, Dr. Mitch Rauh, Director of Research, said "Melody and Phil were outstanding students and are the caliber of physical therapists that the physical therapy profession should be proud of. Their early contributions to research will benefit the sports medicine science field."

This Alumni or Student Spotlight is a regular feature on the unique accomplishments of outstanding alumni or students as identified specifically by the faculty of RMUoHP.

Spotlights! (Continued)

- **Dr. Jane Sweeney**, Graduate Program Director for the Pediatrics Doctoral Programs, was instrumental in the formation of a new Special Interest Group in Neonatology for the Section on Pediatrics, American Physical Therapy Association, and is serving as its first Chair. She is also chairing a NICU Task Force for the Section on Pediatrics to update the competencies and practice guidelines for physical therapists working in NICU settings.
- Data from **Dr. Gail Deyle** (Graduate Program Director, DPT) and **Dr. Steve Allison's** (Faculty) December 2005 research (*Osteoarthritis symptoms relieved by manual therapy and supervised exercise*) has shown up in print eight times in 2006.
- Both **Drs. Melody and Phil Plisky** (Ortho DSc) had dissertation-related manuscripts accepted for publication in JOSPT.
- **Julianne Makatura** (OTD) took a new position with the Kessler Institute for Rehabilitation.
- **Dr. Amy Bayliss** (DPT) took a new position as Clinical Assistant Professor at the Department of Physical Therapy, Indiana University, where she will teach Musculoskeletal Practice Patterns, Cardiopulmonary Practice Patterns, and Health Promotions and Service Learning.
- **Dr. Colleen Farrell** (OTD) and her husband welcomed a new baby girl, Samantha Faith, on August 2.
- **Dr. Tom Curtis** (Ortho DSc) published in the North American Journal of Sports Physical Therapy. **Curtis T.** Roush JR. The lateral scapular slide test: A reliability study of males with and without shoulder pathology. *N Am J Sports Phys Ther.* 2006;1(3):10-146.
- **Dr. Sue Michlovitz** (Graduate Program Director, CHT Electives) published a new book. **Michlovitz SL,** Nolan TP. *Modalities for therapeutic intervention 4th edition.* Philadelphia, PA, F A Davis Co; 2006.
- **Lynne Romeiser-Logan** (Peds DSc) published in the American Journal of Physical Medicine and Rehabilitation. **Logan LR,** Klamar K, Leon J, Fedoriw W. Autologous blood injection and botulism toxin for resistant plantar fasciitis accompanied by spasticity. *Am J Phys Med Rehabil* 2006;85:699-703.
- **Dr. Mitch Rauh** (Faculty) published in Medicine and Science in Sports and Exercise. **Rauh MJ,** Macera CA, Trone DW, Shaffer RA, Brodine SK. Epidemiology of stress fracture and overuse injury in women recruits. *Med Sci Sports Exer,* 2006;38(9):1571-1577.
- **Jill Thein Nissenbaum (Ortho Sports DSc)** was awarded a \$2,500 grant from the National Athletic Trainer's Association Foundation for her dissertation study "Prevalence of disordered eating, menstrual irregularity & musculoskeletal injury in female high school athletes."
- **Dr. Joseph Wells** (OTD) and **Dr. Jeffrey Crabtree** (Faculty) have created the *OTD Network*. The mission of the *OTD Network* is to support the highest quality clinical doctoral education and practice and is open to both OT and non-OT members. For more information, please visit their website at www.otdnetwork.org or email Dr. Wells at joewells@americare-health.com.

Have news to share? Email Jessica Egbert at jegbert@rmuohp.edu!

"The best way to cheer yourself up is to try to cheer someone else up."

-Mark Twain

Resource Center Updates Marilyn Schwartz, MLS

- **Literature Searching Tip** - Finding articles that discuss instruments, surveys, or questionnaires can be time consuming. Be sure to use the instrumentation field to search in the Cumulative Index to Nursing and Allied Health (CINAHL). If looking for an instrument that measures pain and has "pain" as part of the instrument's name, enter the term "pain.it" to retrieve articles. If you have a specific instrument name, enter the exact name followed by the ".it." Contact the medical librarian at mschwartz@rmuohp.edu if you need specific searching tips!
- **Database Addition** - RMUoHP will add the *Health and Psychosocial Instruments* (HAPI) database to Ovid in 2007.
- **Bookstore Update** - *EndNote* bibliographer management software is now available from University bookstore at www.rmuohpbooks.com
- **Interlibrary Loan Fees** - Students are sometimes surprised to see \$9-\$15 per article charges for interlibrary loans. These charges are quite reasonable considering some of the publishers charge \$25-\$35 per article via regular online requests. The interlibrary loan fees cover basic library expenses directly related to article retrieval and copying, including the cost of the journal subscriptions, labor, paper, toner, faxing, etc. Because of the effort and materials required, this information is not free.
- **Free Full Text Journals** - Try the Directory of Open Access Journals at www.doaj.org. This site has over 2,300 international journals (many non-US). To see the list of journals, click on the health sciences, biology and life sciences, or social science subject areas. There are many rehabilitation, pharmacology, and nursing journals included. Other free sites include freemedicaljournals.com and pubmedcentral.gov. Full text articles are also often available by doing a Google search for the article title or citation.