

Calendar

June:

- AT 3 Semester 4 Module 2
- Strategic Planning Meeting
- APTA Conference
- CE 6 Semester 1 Module 2
- NATA Conference
- AANP Conference

July:

- University closed July 4th
- Graduate Student Council Meeting
- Peds 5 Semester 5 Module 2
- AT 3 Semester 5 Module 2
- DNP Capstone Defenses
- NWCCU Self-study Submitted

August:

- Board of Trustees and University Council Meetings
- 3rd Annual Evidence-Based Practice Symposium
- Alumni Banquet and Commencement Ceremony
- DPT 16 Semester 1 Module 2
- OTD 12 Semester 1 Module 2
- AANA Conference
- HPW 3 Semester 2 Module 2
- DNP 7 Semester 1 Module 1
- Basic ENMG Training 8 Session 1

RMUoHP to host Commencement Ceremony, Evidence-based Practice Symposium

RMUoHP will host its annual commencement ceremony on Saturday, August 2, 2008, at the Historic Provo Tabernacle in Provo, Utah. Although RMUoHP confers degrees throughout the year and does not require students to participate in commencement, the University encourages all graduating students to take part in commencement to celebrate their achievement along with the family, friends, and colleagues who have assisted in their success. More than sixty students have registered to attend the commencement ceremony - RMUoHP's greatest attendance to date! In conjunction with the commencement ceremony on August 2, students and their guests are invited to attend the annual alumni banquet on the evening of August 1.

This year, students, alumni, and distinguished guests will be privileged to hear from commencement speaker Stephen Allison, PT, PhD, and a student/alumni speaker (currently in the selection process). Dr. Allison teaches across RMUoHP's degree programs and the University receives constant praise for his teaching methods, passion for education, expertise, and student-centeredness. Dr. Allison is a physical therapist engaged in teaching, research, and consultation. He holds degrees from Brigham Young University (BS), Baylor University (MPT), the U.S. Army War College (MSS), and The University of Texas at Austin (PhD). He was a faculty member and Director of the U.S. Army-Baylor University Graduate Program in Physical Therapy at Fort Sam Houston, Texas from 1994 - 2001. He has numerous publications in peer-reviewed journals and serves as an Associate Editor for the *Journal of Orthopaedic and Sports Physical Therapy*. Dr. Allison currently holds faculty appointments at RMUoHP, Elon University, and Baylor University. He is a

nationally-recognized speaker and an expert on the integration of research evidence with physical therapist practice. At RMUoHP, Dr. Allison holds the position of Dimitrios Kostopoulos Endowed Chair in Evidence-based Practice.

In conjunction with the Commencement Ceremony, RMUoHP is hosting its 3rd Annual Evidence-based Practice Symposium. Speakers featured at the Symposium will include Dr. Allison, Rebecca Reder, OTD, OTR/L, and Dr. Marthe Moseley, PhD, RN, CCRN, CCNS. The Symposium takes place on Friday, August 1, at the Provo Marriott. For more information, please email info@rmuohp.edu or visit the Non-degree Programs link at the University's website (www.rmuohp.edu).



Historic Provo Tabernacle

RMUoHP Receives Approval to Offer Master of Science in Nursing Program

RMUoHP is pleased to announce the approval to offer the RN to MSN (Master of Science in Nursing) degree program by the Northwest Commission on Colleges and Universities (the regional accrediting body for the NW United States). The RN to MSN degree program at RMUoHP is designed for the associate, diploma, or baccalaureate prepared registered nurse interested in developing and enhancing professional knowledge and practice skills in nursing. The program will enable graduates to assess and evaluate nursing and healthcare practice systems as well as educational methods and research findings in preparation for

successful transition to an advanced nurse educator role, both in staff educator and academic educator positions.

Built on the University's successful limited-residency academic model, students complete coursework on-site in a traditional classroom setting (traveling to Utah for one week a semester for an immersion experience) as well as off-site using distance education tools and directed independent study formats.



**Cordell Atkins,
PT, DPT**

Dr. Cordell Atkins is known to his friends and colleagues as "Corky." Corky graduated from the MS degree program in Physical Therapy at RMUoHP in 2002, and he currently serves as the chairman of the RMUoHP Alumni Association. He was appointed to the Alumni Board in January 2006.

Corky received his BS degree in Physical Therapy in 1975 and his DPT degree in 2007 from the University of Utah. Dr. Atkins currently serves as the Physical Therapy Manager of the Intermountain Diabetic Foot Clinic in Murray, Utah. He is a Certified Wound Specialist, Certified Diabetic Educator and Certified Pedorthist. He loves to teach and is currently an adjunct faculty member at the University of Utah and a guest lecturer at Provo College. He is active in national and state professional organizations, including the American Physical Therapy Association and the American Association of Diabetic Educators, and he has presented at several national meetings. He enjoys woodworking and hopes to reorganize and complete the setup of his shop in the backyard of his home this summer after he returns from a short fishing trip to Alaska this June.

Corky is proud to serve as the chairman of the Alumni Board and is anxious to start the process of membership enrollment in the Alumni Association. One of his goals is to improve the communication between the board and the alumni. The board meets quarterly via a conference call and appointments are typically for two to three years. Important benefits of membership in the Alumni Association are the personal satisfaction of supporting and promoting healthcare education and research at RMUoHP and assisting in the regional accreditation process.

This Alumni or Student Spotlight is a regular feature on the unique accomplishments of outstanding alumni or students as identified specifically by the faculty of RMUoHP.

RMUoHP Appoints Director of Institutional Effectiveness

RMUoHP is pleased to announce that Dr. Horace (H.D.) Stearman has been named Director of Institutional Effectiveness. Dr. Stearman received his PhD degree in English from Indiana University and his master's and bachelor's degrees in English from Stephen F. Austin State University in Texas. Dr. Stearman counts his more than two decades of higher education experience as a central feature in defining who he is. Beginning his career in education as an English instructor, he switched to administration and academic support in 1998 and has most recently begun concentrating on institutional effectiveness as a career path. "Whether teaching or in administration, I believe education is one of the two or three

truly noble professions in this world," Stearman affirms. "Educators can impact students and assist them in changing their lives for the better, both professionally and personally. I find it very fulfilling I can be a part of that."

Prior to joining the RMUoHP team, Dr. Stearman served as Associate Director of Institutional Planning and Effectiveness at the Texas Tech University Health Sciences Center. He is married and has an adult daughter who lives in Texas.

Dr. Stearman may be reached at hdstearman@rmuohp.edu.

Resource Center Update Cynthia M. Melenson, PhD, MLS

Students, Alumni, and Faculty – New Trial Resource Available!

RMUoHP students, alumni, and faculty will have trial access to a fantastic new [Stat!Ref](#) resource, [An@tomy.tv](#). We will have access for 30 concurrent users on a trial basis and until about July 20. Follow the instructions included in the enclosed flyer (clicking OK's for pop-up's and information bars, as they appear) until you get to the colorful skull! Have fun rotating it and learning about the different layers. This is a great teaching and learning tool.

After demoing this resource, please provide feedback to our medical librarian, Dr. Cynthia Melenson at librarian@rmuohp.edu on its utility for your specialty. As of mid-July, Cynthia will be contracting for a new year with Stat!Ref; thus, your input regarding An@tomy.tv is important as we evaluate its applicability!

PubMedCentral

PubMedCentral (PMC) database, an arm of PubMed— "google" it, or bookmark <http://www.ncbi.nlm.nih.gov/sites/enrez?db=pmc> to conduct a search. You can also access PMC articles via PubMed; the two are linked together.

PMC is a free government service; it is the U.S. National Institutes of Health (NIH) [free full-text](#) digital archive of biomedical and life sciences journal literature. This "collection" of over one million articles includes a growing number of final, peer-reviewed author manuscripts by scientists who receive research funding from NIH and other funding agencies.

All of PMC's features are stated at <http://www.pubmedcentral.nih.gov/>. This includes an alphabetical listing of all PMC-

available journals. To receive notice of new journals and other major updates to PMC, join the PMC News mail list, or subscribe to the PMC News RSS feed (no charge; instructions on-line).

A new law (April 2008) requires that anyone who has used federal research funds must make their study available for free. At the address <http://www.pubmedcentral.nih.gov/fprender.fcgi>, you can type in the name of a journal and it will bring up, in chart form, not only which issues are available but also when the article attains free access status. For example, "Free Access: Immediate." The "hold" on some journals is due to publishers being allowed an embargo period (usually six months or one year) during which they can make money on the first rights of publication.

Although there are tutorials on line for PMC and other databases, remember that RMUoHP's librarians are just a phone call (801-734-6820 or 801-734-6822) or e-mail (articlerequests@rmuohp.edu) away and are always happy to help.

"You can turn painful situations around through laughter. If you can find humor in anything - even poverty - you can survive it."

- Bill Cosby

Accreditation Update: Call for Comments

Note: This is a reprint of the article from the January 2008 newsletter.

RMUoHP is finalizing the latest self-study (to be shipped in July) for the regional accreditation process. On October 1-3, 2008, the University will host its second post-candidacy site-visit team from the Commission. "Candidate for Accreditation status is a pre-accreditation, affiliate status with NWCCU following a specified procedure for application, institutional self-study, and on-site evaluation. Candidacy is not accreditation and does not ensure eventual accreditation. It is an indication that an institution complies with the eligibility requirements of NWCCU, and is progressing toward accreditation. (NWCCU)"

RMUoHP invites comments regarding the University's qualifications for continued candidacy status be sent directly to the Commission no later than 30 days prior to the site visit dates. Comments will be shared with site evaluators and with RMUoHP. See Commission Policy A-5 for more information (www.nwccu.org), or contact NWCCU: 8060 165th Avenue N.E., Suite 100, Redmond, WA 98052-3981 (Phone: 425-558-4224).

RMUoHP will contact current and former students to be available by phone to assist the site visitors in information gathering. If you would like to volunteer, contact Dr. Stan Hartgraves (shartgraves@rmuohp.edu).

Long-time RMUoHP Employee Retires; Two New Employees Join Staff

Nicki Nebeker, RMUoHP's long-time Institutional Review Board (IRB) Manager and Human Resources Manager, retired from the University in June 2008. Nebeker had been with the University since 2000 and formerly served as Office Manager. Nebeker's skill for organization and leadership shaped many of the University's internal processes during its infancy (RMUoHP opened in 1999). When asked about Nebeker, Jessica Egbert, Vice President of Student Services, responded, "Nicki is an example of competence, work ethic, and student-centeredness. Her services to RMUoHP are already missed. We wish her well-deserved joy in her retirement."

During the past quarter, two employees were hired to replace Nebeker and provide additional administrative support. RMUoHP welcomes Darcy Hammar as the new IRB Manager. She is well versed in the roles and responsibilities of the Institutional Review Board. She served as the community member of the IRB from 2000 until her appointment as Manager in February 2008. Prior to joining the IRB in 2000, she worked for the American Physical Therapy Association for seven years. Her tenure there included a year in the Research Division before moving to Component Services and lastly serving as Executive Director of the Section on Geriatrics. Hammar has also worked in education positions with non-profit associations such as the American Lung Association and the American Red Cross. Hammar holds a Bachelor of Arts from the University of Pennsylvania in History and Sociology of Science and has completed Master's course work at the University of Wisconsin.

Regarding her new position, Hammar commented, "The transition from committee member to manager has been rewarding. It's a

good match for my skills and interests. I was lucky to overlap and train with Nicki Nebeker before her retirement. I'm learning new aspects of IRB Committee management every day." As part of her initial duties, Hammar has already converted the IRB to a paperless system using IRBNet.

Heather Goodale joined RMUoHP as Executive Administrative Assistant and Human Resources Manager. Besides her HR functions, Goodale supports the Board of Trustees, Executive Vice President, and President. She comes to us from southern California where she was the founding Financial Officer and HR Director for VitalGift Tissue Services, a non-profit human tissue recovery corporation that assists patients with reconstruction after cancer or other tragedies. Goodale helped create and manage this company from its inception to the beneficial company that it is today. She has eleven years' history of finance and human resource experience. Her goals are obtaining the PHR (Professional in Human Resources) Certification this year and completing her Bachelor's degree from Brigham Young University. Goodale commented, "I am excited to be here at RMUoHP and am thrilled to be working in the education industry. Everyone at RMUoHP is very kind and loves to be here, which made my transition pleasant and smooth."

Please join us in welcoming Darcy Hammar and Heather Goodale to the RMUoHP family! Hammar may be reached at dhammar@rmuohp.edu or irb@rmuohp.edu; Goodale may be reached at hgoodale@rmuohp.edu.

RMUoHP Strategic Planning Process Gains Momentum

In February 2008, RMUoHP began a comprehensive, broadly participative strategic planning process. Representatives from the University Administration, staff, Academic Leadership Council, students, graduates, Board of Trustees, and the community have been involved in the process.

In addition to revised mission and vision statements and development of core values, the plan includes strategic initiatives to be undertaken by the University over the next three to five years. All

constituents are encouraged to visit the News link of the RMUoHP website in late June, review the minutes and plans, and submit comments. The final draft will go to the Board of Trustees for approval on August 1, 2008. Minutes from the February strategic planning meeting are currently on the website for your review.

All comments should be submitted in writing to Dr. Michael Skurja, Jr., miskurja@rmuohp.edu.

Congratulations to all students, alumni, and faculty featured in this quarter's Spotlights! We are continually impressed with the accomplishments of those associated with the University!

The following Doctor of Science students successfully defended their Dissertations in April and May:

- **Katie Farrell** (Geri)
- **Jill Nustad** (HPW)
- **Tertia King** (Ortho)
- **Aimee Klein** (Ortho)
- **Ian Young** (Sports)

Jennifer Nesseth (MShSc) successfully defended her Master's thesis in May.

The following DNP students who successfully presented their capstone projects in May:

- **Betty Bautista**
- **Nancy Downey**
- **Diana Galler**
- **Marcia Gilbert**
- **Donald Harrison**
- **Mari Hunter**
- **Maria Kidner**
- **Carl Laffoon**
- **Barb Lundemo**
- **Marilyn Nishitani**
- **Dora Nomamiukor**
- **Becky Parrish**
- **Katherine Peck**
- **Stacey Pfenning**
- **Tan Vatanadilok**
- **Jonathan Vrbanc**

The following students, alumni, and faculty have recently published in peer-reviewed journals:

- **Dr. Sherry Arndt** (Peds), **Dr. Jane Sweeney** (GPD, Peds), **Lynette Chandler** (Research Fellow), **Jan McElroy** (Peds) - **Arndt SW, Chandler LS, Sweeney JK, Sharkey MA, McElroy JJ.** Effects of a neurodevelopmental treatment-based trunk protocol for infants with posture and movement dysfunction. *Pediatr Phys Ther.* 2008;20:11-22.
- **Jason Brumitt** (Ortho Sports) - **Brumitt J.** The role of massage in sports performance and rehabilitation: current evidence and future direction. *N Am J Sports Phys Ther.* 2008;3:7-22.
- **Jason Brumitt** (Ortho Sports) - **Brumitt J, Meria E, Nee B, Davidson G.** Glenohumeral joint range of motion in elite male golfers. *N Am J Sports Phys Ther.* 2008;3:82-87.
- **Lynne Romeiser-Logan** (Peds) - **Kolaski K, Logan L.** A review of the complications of intrathecal baclofen in patients with cerebral palsy. *NeuroRehab.* 2007;22:383-95.
- **Lynne Romeiser-Logan** (Peds) - **Kolaski K, Logan L.** Intrathecal Baclofen in Cerebral Palsy: A decade of treatment outcomes. *J Pediatr Rehab Med.* 2007;1:3-32.
- **Dr. Julie Magee** (Peds) - **Magee JA, Stuber WA, Schmutte GT.** Bone health knowledge, self efficacy, and behaviors in adolescent females. *Pediatric Phys Ther.* 2008;20:160-166.
- **Greg Myer** (AT), **Dr. Don Chu** (Faculty), **Dr. Timothy Hewett** (Research Fellow) - **Myer GD, Chu DA, Brent JL, Hewett TE.** Trunk and Hip control neuromuscular training for the prevention of knee joint injury. *Clinics Sports Med.* 2008;27:425-448.
- **Dr. Barbara Robison** (Nursing), **Dr. Janice Unruh Davidson** (GPD, DNP/Nursing) - **Robison BJ, Davidson JU.** Scrapbooking and journaling interventions for chronic illness: A triangulated investigation of approaches in the treatment of PTSD. *The Kansas Nurse.* 2008;83:6-11.
- **Dr. Susan Ryerson** (Advanced Neurology), **Dr. David Brown** (Faculty) - **Ryerson S, Byl N, Brown D, Wong R, Hidler J.** Altered trunk position sense and its relation to balance functions in people post-stroke. *J Neurol Phys Ther.* 2008;32:14-20.
- **R. Elizabeth Black** (HPW) - **Giberson, T. R., Black, B., & Pinkerton, E.** The impact of student-clinical instructor fit and student-organization fit on physical therapist clinical education experience outcomes. *J of Phys Ther Educ.* 2008; 22, 59-64.
- **Dr. Troy Adams** (GPD, HPW) - **Adams T, Wharton C, Quilter L, Hirsch T.** The impact of mental and physical factors on illness among college students. *J of Am Coll Health.* 2008; 56:657-663.
- **Dr. Troy Adams** (GPD, HPW) - **Wharton C, Adams T, Hampl J.** Weight loss practices and body image distortion among U.S. college students. *J of Am Coll Health.* 2008; 56: 579-584.
- **Dr. Troy Adams** (GPD, HPW) - **Adams T, Collner W.** The association of multiple risk factors with fruit and vegetable intake among a nationwide sample of college students. *J of Am Coll Health.* 2008; 56:455-461.
- **Dr. Andrea White Gorman** (Faculty) - **White AM, Johnston CS.** Vinegar ingestion at bedtime appears to moderate waking hyperglycemia in adults with type 2 diabetes. *Diabetes Care.* 2007 Aug 30:2814-2815.
- **Dr. Andrea White Gorman** (Faculty) - **White AM, Johnston CS, Swan PD, Tjonn SL, Sears, B.** Blood Ketones are Directly Related to Fatigue and Perceived Effort During Exercise in Overweight Adults Adhering to Low-Carbohydrate Diets for Weight Loss: A Pilot Study. *J of Amer Diet Assoc.* 2007 Oct; 107:1792-6.
- **Dr. Troy Adams** (GPD, HPW) - **Becker C, Dolbier CL, Durham TW, Glascoff MA, Adams TB.** Development and preliminary valuation of the validity and reliability of a positive health scale. *Am J of Health Educ.* 2008; 39:34-41.
- **Dr. David Brown** (Faculty) - **Schindler-Ivens S, Desimone D, Grubich S, Kelley C, Sanghi N, Brown DA.** Lower Extremity Passive Range of Motion in Community-Ambulating Stroke Survivors. *J of Neuro Phys Ther.* 32:21-31, March 2008.
- **Dr. Susan Ryerson** (Advanced Neuro) received the Henry O. and Florence P. Kendall Award for Excellence in Clinical Practice from the American Physical Therapy Association. The Kendall Award is one of the highest honors bestowed by the APTA - <http://216.197.105.189/go/about-us/member-spotlight>.
- **Rebecca Wold** (OTD) delivered twins in June! Congratulations!
- **Maritza Rodriguez** (AT) published an article in *Athletic Therapy Today on Promoting Multiculturalism in Athletic Training Education.*
- **Thomas Franek** (AT) and **Dr. Malissa Martin** (GPD, AT) have published an article in *Athletic Therapy Today on Metacognition in Athletic Training Education.*
- **Guillermo Escalante** (AT) is the new sports medicine column author for *MuscleMag* (www.emusclemag.com).
- **Dr. Benjamin Burton's** (DPT) private practice, The New Jersey Center of Physical Therapy (<http://www.njcpt.com/>), was among 800 small businesses nominated to apply for recognition as one of North America's Top Small Workplaces of 2008. NJCPT was nominated for consideration because of each of our associates' commitment to the team and outstanding performance and productivity.
- **Dr. Linda Hindy-Telford** (OTD) received her pediatric board certification from the American Occupational Therapy Association's Board for Advanced and Specialty.
- **Dr. Robyn Wu** (OTD) is an adjunct assistant professor at Samuel Merritt College's MOT program.
- **Michele Monaco** (AT) twice presented at the Pennsylvania Athletic Trainers' Society Annual Meeting on *The Root of our Growth* and *What Lies Ahead in our Future*.
- **Dr. Dee White** (DNP) is working with working with the UCSF Medical School research team coordinating a study regarding parental education for viral infections versus antibiotics.
- **Dr. Carolyn Heriza** (Faculty) has recently presented at numerous conferences - *From theory to practice: Treadmill training for an infant born preterm with a Grade III Intraventricular hemorrhage*, and, *Dynamic systems perspective to understanding the coordination of leg movements during the first year in infants born preterm with intraventricular hemorrhage* were presented at The 21st Graven's Conference on the Physical and Developmental Environment of the High Risk Infant; *Coupling Perception and Action in the Development of Skill: A Dynamic Approach*, and, *Everybody Matters: Theory and Practice* at the Association of Paediatric Chartered Physiotherapists Conference; *Theory and Practice: A Dynamic Systems Perspective on the Development of Functional Movement*, and, *Everybody Matters: Theory and Practice* at the Association of Paediatric Chartered Physiotherapists Conference; *Activity, Activity, Activity: Rethinking Our Physical Therapy Approach to Cerebral Palsy and Other Pediatric Motor Disorders*, and, *Advances in Adult and Pediatric Neurorehabilitation: Messages from III Step* at the Neurology Section and Section on Pediatrics, American Physical Therapy Association.
- **Miriam Joffe** (Faculty) was a speaker at two conferences - *Mastering the Tools of Our Trade* at 12th Annual Applied Ergonomics Conference and *Cost-Effective Management of a Global Ergonomics Program* at the First Annual Texas Regional Human Factors and Ergonomics Society Conference. Joffe will present in September on *Taking Control of Ergonomics-Related Injuries in the Workplace* at the ASHES (American Society for Healthcare Environmental Services) Conference.
- **Gerry Fink** (Nursing) was named a 2008 Doctoral Fellow from the American Association of Nurse Anesthetists and granted a financial award for his dissertation.
- **Craig Rand** (HPW) was appointed as Interim Dean of Academic Services as the Damon City campus of Monroe Community College (NY).